## Maiwand Deploma Level -1

Qualifications



### **Course Interdiction**

The MMA instructor qualifications Level 1 Course is a progressive practical training program designed to address areas of knowledge and providing its instructor with the relevant skills to allowed them to teach and run their club in a safe and efficient manner.

#### Eligibility of Applicants:

- All participants must have a valid MMA license.
- All participants Must be 16 years old or above.
- All participants must be available and willing to attend regular training at less once per week
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- Anyone wishing to become Maiwand assistance Instructor for the first time will need to attend the Diploma Level-1 Certificate in Coaching.
- All participants must fallows MMA Instructor Syllabus book
- All participants must have at least 2 years current and relevant training experience in any martial arts. <u>Course Duration:</u>
  - 20 weeks, 1 hour classes per week = 40 hours of MMA teaching instruction.
  - We are seriously advising all MMA students to attend all three Levels Diplomas courses. Before we issues your full instructor qualifications certificate.

#### Course Time:

• Every Mondays at 6 O'clock

#### Course Costs:

• £ 233 For Instructor Level -1 Qualifications

#### Course Venue:

Long stone Avenue Willesden London NW10 3EU

#### Course Organizer:

Maiwand Martial Arts Federation GB

#### Learning Outcome of the Course :

Learning Outcomes On successful completion of the Maiwand Martial Arts Instructor (Coaching qualifications) You will-

- Understand the importance of Beginner Level -1 Fitness and Flexibility Training
- Understand the importance of Beginner Level -1 Kicking and Punching Training
- Understand the importance of Beginner Level -1 Pad-work and Footwork Training
- Understand the importance of Beginner Level -1 Sparring Combination Rules
- Understand the importance of Beginner Level -1 Breaking Boards Rules and Regulations
- Understand the importance of Beginner Level -1 Official Forms techniques
- Understand the importance of Beginner Level -1 Maiwand Self defense techniques
- Understand the importance of Beginner Level -1 Single and double Nuncha-ku techniques

## Code of Conduct during Course



Maiwand Martial Arts will expect that all instructors will operate in an honest manner. This extends to all dealings inside and outside the organisation. I will learn the following and benefit from making it part of my training course and future development at MMA and in my daily life.

#### ENTERING THE CLASS

• All participants must salute to the Instructor as soon as they enter the hall. Or students leave the training hall, before exiting the door, they should turn and face the instructor,

(It does not matter if he is not looking at them) salute to the instructor and exit the hall.

#### CLASS RULES PROCEDURES

- EVERYONE must sign their course attendance sheet when entering to the class.
- During coaching training session Work hard you enjoy yourself.
- Look after the training course equipment and your own equipment at all times.
- Maintaining a safe and appropriate distance between each other.
- Keeping a written record during your 20 weeks training course.
- Tell your instructor immediately if you are injured or unwell.
- DO NOT TOUCH ANY of the weapons unless specifically asked to do so by the course Instructor.
- Only qualified course instructor have the authority to supervise all weapons practice sessions. Not the students.

#### Course Attendance:

- Please arrive early for class preferably 10 minutes before class start time.
- Be properly dressed before entering the training room.
- Dress code shall be sensible and Look after your uniform and your MMA training equipment.
- Advise your course Instructor in advance if you cannot make your session. Do not advise your instructor on the day.
- Please continue to attend your training course on a regular basis to be eligible for Diploma level-1 Certification.

#### Students Behavior:

- Listen to the instructor/coach carefully when he's teaching.
- Watch the instructor /coach carefully when he's performing the techniques.
- Ask you instructor before leaving a class for any reason (e.g. toilet, drink, etc)
- When told to STOP you must STOP.
- Course candidates must behave in an appropriate way at all times, both in and out of the room. This means acting with respect and discipline, and not acting in a way that could bring the MMA school into disrepute.
- The good name of Maiwand Martial Arts shall not be brought into disrepute at any time. If to do so results in membership being terminated.
- Course candidates must show great respect for the training session and make every effort to be on time for classes.
- ANY cameras or mobile phones with cameras taking any pictures or video are not permitted so anybody who taking any pictures or video without permission will be asked to leave the class.

We hope you will find these rules sensible and easy to observe. If you have any questions please ask. We want you to have a good time at Maiwand Martial Arts Training Course.



### Goals of the Course:

• This beginner level-1qualifications is designed teach you how to plan and deliver practical coaching sessions that meet the requirements of the practical MMA Syllabus.

## Course Examination:

- By end of the Diploma level one course there will be an official examination before we issued Your Diploma level 1 Certificate.
- All Course candidates will be required to demonstrate their MMA beginner level 1 Skills and understanding of the techniques.
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## Award Certification:

• All Passed candidates will be receive Diploma Level-1 Qualifications Certificate



## Martial Arts Registration and Contract

The responsible Students must read the entire contract before signing.

First Name:		$\sum / z$	Last Name: _	
Age:	Date of Birth:/		Style:	
Address:		$\rightarrow$	City:	

Postcode: \_\_\_\_\_

# Contract between Students and Organization

I do hereby agree to participate in the Maiwand Martial Arts Instructor qualifications course, to develop and practice my own learning skills.

I understand that the classes are based on a three level instructor qualifications course and i will regular attend at least one class per week,

I understand that as a MMA active member I have to keep up to date my personal skills and training and to continuing study of Maiwand Martial arts theoretical and physical.

I understand that If I am permitted to join Maiwand Martial Arts, I will obey the rules and regulations including MMA Code of Conduct.

I understand that as a MMA active member I will conduct myself in such a manner as to never bring disgrace upon the MMA or myself.

I understand that I will be available and willing to attend regular training at less once per week.

Below indicates that you have read the MMA Release guidelines, and terms and conditions, and regulations on this contract and fully understand the contents. This contract will remain on file in the MMA office unless the terms and conditions change. At that time a new contract will be executed.

I have answered the following questions completely and accurately to the best of my knowledge,

Student Signature (If under 18 yrs. Guardian Signature is required)

Date

Course Beginning date

Course completion date 28/11/2016 \*Note: This is only diploma level 1 course agreement.

Signature of Maiwand Martial Arts representative

Date